

# Betty Cottles Inn

## LUNCH MENU

SERVED 12:00 - 15:00  
MONDAY - SATURDAY

BOOK YOUR SUNDAY ROAST TODAY

### SANDWICHES & BAGUETTES

WHITE OR WHOLEMEAL BREAD SERVED WITH  
SALAD GARNISH AND SPICY WEDGES.

BACON, LETTUCE & TOMATO	£4.75
MATURE CHEDDAR & PICKLE	£4.50
PORK & ABBOT ALE SAUSAGE	£4.75
PRAWN MARIE ROSE	£5.50
TUNA MAYONNAISE	£4.50
HOME COOKED HAM	£4.50
FISH FINGER & TARTAR SAUCE	£4.25

### JACKET POTATOES

SERVED WITH SALAD AND OUR HOMEMADE  
COLESLAW

MATURE CHEDDAR	£4.95
TUNA MAYONNAISE	£5.25
PRAWN MARIE ROSE	£6.50
BAKED BEANS	£4.95
CHEESE AND BEANS	£5.50
BEEF CHILLI	£6.50

### KIDS MENU

ALL KIDS MEALS COME WITH A FREE KIDS DRINK  
(ONE PER CHILD PER ADULT)

<b>CHICKEN WRAPS</b>	£5.95
FRESH CHICKEN BREAST SERVED WITH TWO TORTILLAS AND CHOICE OF BBQ SAUCE OR MAYONNAISE WITH SALAD AND CHIPS	
<b>KIDS BURGER</b>	£6.95
BEEF BURGER WITH CHEESE IN A BRIOCHE BUN SERVED WITH CHIPS AND ONION RINGS	
<b>HAM, EGG AND CHIPS</b>	£5.95
NORFOLK HAM, FREE RANGE EGG AND SKIN ON FRIES SERVED WITH PEAS OR BEANS	

### KIDS EAT FREE WEDNESDAYS

BETWEEN 18:00 - 20:00  
ACCOMPANIED WITH A PAYING ADULT

<b>POSH FISH FINGER SANDWICHES</b>	£5.95
PIECES OF BATTERED COD BETWEEN FRESH WHITE OR WHOLEMEAL BREAD WITH WEDGES AND SIDE SALAD	
<b>MAC &amp; CHEESE</b>	£5.95
CREAMY MAC & CHEESE SERVED WITH GARLIC BREAD	
<b>SAUSAGE &amp; MASH</b>	£5.95
TWO PORK AND ABBOTT ALE SAUSAGES, SERVED WITH CREAMY MASH AND PEAS (GRAVY AVAILABLE)	

## ON THE STONE

COOK YOUR FOOD YOUR WAY LIVE AT YOUR TABLE, KEEP ALL  
THE FLAVOURS TO THE VERY LAST BITE. (served 18:00 - 21:00)

### PICK YOUR PROTEIN

8oz RUMP	£14.95
10oz SIRLOIN	£17.95
8oz RIB EYE	£16.95
LAMB RUMP	£15.95
HALLOUMI	£12.95

### PICK TWO SIDES

SKIN ON FRIES
SWEET POTATO FRIES
FRESH VEGETABLES
GARDEN PEAS
ROASTED PEPPERS
GARLIC BREAD

### PICK THREE SAUCES

PEPPERCORN
STILTON
MUSTARD
GARLIC MAYO
SWEET CHILLI
BBQ

£45

SHARING PLATTER AVAILABLE  
3 MEATS-3 SIDES-3 SAUCES & BOTTLE OF WINE

Caution when using steakstones, they are not suitable for children as they are extremely hot.

# Betty Cottles Inn

LIKE US ON FACEBOOK  
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## MAIN MENU

SERVED 12:00 - 15:00 & 18:00 - 21:00  
MONDAY - SATURDAY

## BOOK YOUR SUNDAY ROAST TODAY

### STARTERS

#### JACK SPRATS £5.95

DEEP FRIED BREADED JACK SPRATS, SERVED WITH FRESH SALAD GARNISH AND LEMON MAYONNAISE DIP

#### BREADED GARLIC MUSHROOMS (V) £5.95

BUTTON MUSHROOMS IN GARLIC OIL AND LIGHTLY BREADCRUMBED SERVED WITH FRESH SALAD GARNISH

#### NACHOS (V) £5.95

TORTILLA CHIPS, TOPPED WITH MELTED CHEDDAR, SALSA, SOUR CREAM AND JALAPEÑOS  
ADD CHILLI CON CARNE FOR £2

### SHARING PLATTERS

#### MIXED PLATTER FOR TWO £10.95

MOZZARELLA STICKS, TEMPURA PRAWNS, ONION RINGS, GARLIC BREAD, CHICKEN GOUJONS AND NACHOS

### MAINS

UPGRADE TO  
SWEET POTATO  
FRIES  
£1.50

#### 10oz SIRLOIN STEAK £17.95

SERVED WITH SKIN ON FRIES, MUSHROOMS, GRILLED TOMATO, PEAS AND ONION RINGS

#### PORK & ABBOTT ALE SAUSAGES £9.95

THREE PORK & ABBOTT ALE SAUSAGES, SERVED WITH CREAMY MASHED POTATO, ONION GRAVY AND PEAS

#### 6OZ PRIME BEEF BURGER £9.95

HOMEMADE BEEF BURGER IN A GLAZED BRIOCHE BUN SERVED WITH SKIN ON FRIES, ONION RINGS CHOICE OF SMOKED CHEESE OR MONTERAY JACK AND SALAD

#### JUMBO COD (G/F OPTION AVAILABLE) £12.95

DEEP FRIED COD IN BEER BATTER, SERVED WITH SKIN ON FRIES, GARDEN PEAS AND TARTAR SAUCE  
THIS IS A LARGE COD!! DONT BELEIVE US TRY IT!!

#### WHITBY SCAMPI £9.95

DEEP FRIED WHOLETAIL SCAMPI, SERVED WITH GARDEN PEAS, SKIN ON FRIES AND TARTAR SAUCE

#### CALVES LIVER AND BACON £9.95

SERVED WITH MASHED POTATO, ONION GRAVY AND GARDEN PEAS

### SIZZLERS

#### CHICKEN SIZZLER £10.95

CHICKEN BREAST ON A BED OF SIZZLING MIXED PEPPERS TOPPED WITH SWEET CHILLI SAUCE OR BBQ SERVED WITH SKIN ON FRIES AND TORTILLA WRAPS

#### BEEF SIZZLER £10.95

SLICED BEEF ON A BED OF SIZZLING MIXED PEPPERS TOPPED WITH SWEET CHILLI SAUCE OR BBQ SERVED WITH SKIN ON FRIES AND TORTILLA WRAPS

#### MOZZARELLA STICKS (V) £5.95

DEEP FRIED MOZZARELLA STICKS, SERVED WITH FRESH SALAD GARNISH AND SWEET CHILLI DIP

#### CHICKEN GOUJONS £4.95

SERVED WITH A SMALL GARNISH AND A BBQ OR SWEET CHILLI DIP

#### TEMPURA PRAWNS £4.95

KING PRAWNS COOKED IN A LIGHT TEMPURA BATTER, SERVED WITH FRESH SALAD GARNISH AND SWEET CHILLI DIP

## SIDE DISHES

GARLIC BREAD £ 3.50

ONION RINGS £ 2.50

BEANS £ 2.00

SKIN ON FRIES £ 2.50

CHEESY SKIN ON FRIES £ 3.00

SIDE SALAD £ 3.50

COLESLAW £ 2.50

BREAD & BUTTER £ 1.50

#### SEA BASS (G/F) £10.95

SEA BASS SERVED WITH FRESH VEGETABLES ON A BED OF CRUSHED NEW POTATOES AND LEMON SAUCE

#### GAMMON £11.95

HORSESHOE GAMMON TOPPED WITH EITHER EGG OR PINEAPPLE OR BOTH!! SERVED WITH SKIN ON FRIES PEAS AND ONION RINGS

#### HUNTERS CHICKEN £8.95

CHICKEN BREAST, COVERED IN BACON, CHEDDAR AND BBQ SAUCE, SERVED WITH FRESH SALAD GARNISH, AND SKIN ON FRIES

#### CREAMY STILTON CHICKEN (G/F) £9.25

CHICKEN BREAST TOPPED WITH CREAMY STILTON SAUCE, SERVED WITH FRESH VEGETABLES AND NEW POTATOES

#### HAM & EGGS £8.95

THICK CUT NORFOLK HAM, SERVED WITH TWO FREE-RANGE EGGS, PEAS AND SKIN ON FRIES

### VEGETARIAN

#### MUSHROOM RISOTTO CAKES £9.95

MUSHROOM AND STILTON RISOTTO BREAD-CRUMBED, SERVED WITH NEW POTATOES AND SALAD

#### VEGETARIAN SUET PUDDING £9.95

CHERRY TOMATO, SPINACH & MOZZARELLA FILLED PUDDING, SERVED WITH FRESH VEGETABLES AND NEW POTATOES

(V) SUITABLE FOR VEGETARIANS. THE KITCHEN CONTAINS NUTS.OUR FISH AND POULTRY DISHES MAY HAVE BONES. IF YOU HAVE A FOOD ALLERGY OR INTOLERANCE PLEASE SPEAK TO OUR TEAM