## **Freshly Made Ciabatta Breads**

From our local bakery 'The Quay Bakery'. Filled with one of the following and served with salad and homemade apple & sultana coleslaw. Served 12.00pm to 2.30pm only.

BACON, CORNISH BRIE & CRANBERRY SAUCE	 £8.25
HAM, TOMATO & WHOLEGRAIN MUSTARD	£8.25
CHEDDAR CHEESE & RED ONION MARMALADE (V)	£8.25
TUNA MAYO, RED ONION & COS LETTUCE	£8.25
PRAWNS, LEMON MAYO & COS LETTUCE	£8.95
CORNISH BRIE, APPLE & CRANBERRY SAUCE (V)	£8.25

# **Lunchtime Specials**

Served 12.00pm to 2.30pm only.

HOME COOKED BEEF & GRAVY SANDWICH Served on white or granary bakers bread with freshly cut chips.

CORNISH HAM & CHEESE PLOUGHMAN'S With Cheddar, Cornish Blue, ham, homemade piccalilli, red onion marmalade, spring onions, salad and mixed breads.

Tapas Dishes		Tapas Sharing Platters
BREADED WHITEBAIT With salad, lemon mayonnaise and sweet chilli sauce	£7.25	All served with a selection of breads
HOUMOUS & BREADS (V) With homemade pesto, olives and balsamic vinegar.	£6.50	<b>CLASSIC TAPAS £15.95</b> Includes salami, chorizo, Cornish Blue, grilled halloumi, pesto, balsamic, houmous, olives and sundried tomatoes.
CHILLI & GARLIC KING PRAWNS With salad.	£7.25	<b>SURF N TURF TAPAS</b> Includes scallop & lime skewers, chorizo & halloumi skewers, garlic & chilli tiger prawns, pork & sage meatballs and whitebait.
HOMEMADE VEGGIE NACHOS (V) With salsa, Cheddar cheese and sour cream.	£7.25	
CAJUN CHICKEN STRIPS With salad and lime mayo.	£7.25	
<b>PORK &amp; SAGE MEATBALLS</b> With salsa, parmesan and salad.	£7.25	

Bit on the Side		Homemade Burgers Served with salad, coleslaw and Tribute battered onion rings.
FRESHLY CUT CHIPS	£3.75	Served with salad, colesiaw and findule battered onion rings.
SIDE SALAD	£3.75	BEEF BURGER £11.95 With mozzarella cheese, barbecue sauce and cos lettuce.
ONION RINGS	£3.50	
APPLE & SULTANA COLESLAW	£3.25	CHARGRILLED CHICKEN BURGER £12.50 With bacon and Cornish brie. Served with mayonnaise and cos lettuce.
BUTTERED POTATOES	£3.25	

**GRILLED HALLOUMI & FLAT MUSHROOM BURGER £11.50** With red onion marmalade and cos lettuce.

£8.50

£10.50

FRESH VEGETABLES	£3.50
GARLIC CIABATTA	£2.95
CIABATTA & ROSEMARY FOCACCIA	£3.50



## **Allergen Information**

Allergen information is available upon request. Please let your server know about any intolerance to specific allergens and we will be able to supply which of our dishes is safe for you to eat. Please note, the information may not always be supplied by your server but from a trained member of our team who will be able to assist. Our chefs will do their best to accommodate your wishes.

(V) = Vegetarian

#### **Fish Dishes**

FISH & CHIPS Tribute ale battered fish with freshly cut chips, mushy peas, salad and tartare sauce (may contain bones).

LOCAL MUSSELS Steamed in a creamy garlic & white wine sauce with freshly cut chips.	STARTER £8.50 - MAIN £14.95

HOMEMADE FISH STEW	£1	5.95
A mixture of cod, salmon king prawns and mussels in a tomato, fennel & white wine sauce with mixed breads.		14.1
PAN FRIED SCALLOP'S	£1.	5.50

PAN FRIED SCALLOP'S On a bed of Caesar salad, parmesan and croutons with mixed breads.

# **Meat Dishes**

<b>SLOW COOKED PORK BELLY</b> Served with mashed potatoes, spinach, black pudding and crackling, topped with a creamy cider & mustard sauce.	£14.
<b>8oz SIRLOIN STEAK</b> Served with a grilled garnish of tomatoes, mushrooms, beer battered onion rings, salad and freshly cut chips.	£18.
WARM CHICKEN SALAD Served with mixed leaves, cucmber, cherry tomtoes, red onion, peppers, croutons and a balsamic & lemon dressing.	£13.
SPAGHETTI BOLOGNESE Served with parmesan and a garlic ciabatta.	£12.

**Vegetarian** Dishes BUTTERNUT SQUASH & SPINACH LINGUINE (V) £11.95 With a garlic ciabatta. **CORNISH BLUE CHEESE, TOASTED WALNUT & APPLE SALAD (V)** With mixed ciabatta and rosemary focaccia breads. £11.95 THREE BEAN CHILLI (V) £12.50 With herb cous cous and a sweet potato, spring onion & chilli salad.

#### **Homemade Desserts**

<b>STICKY TOFFEE PUDDING</b> . With a rich toffee sauce and Cornish clotted cream.	10			£6.75
MERINGUE NEST, FILLED WITH MIXED BERRIES With chantilly cream and mango sorbet.		** 	1	£6.75
DARK CHOCOLATE & COFFEE TORTE With a honeycomb crumb, orange syrup and vanilla ice cream.				£6.75
<b>TRIO OF ICE CREAMS</b> Served in a wafer basket topped with Cornish clotted cream.				£6.50

CORNISH CHEESE, FRUIT & BREAD PLATTER Smoked Tintagel, Cornish Brie, Yarg and Cornish Blue with apple, grapes, celery, red onion marmalade, sweet cider chutney and mixed breads.

# £8.95

£12.95





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